



The SACRED SELF series

Your Life is Custom Made—*Who's Designing it?*

PRESENTED BY:

Aimee Marie Alley

You have followed all the rules, met all the expectations, and fulfilled all your roles....but the “big” something is missing. Can't quite put your finger on it, or you can...NOW is the time to really get deep, and make the personal commitment to move into the more centered, spiritual part of you that is your truth!

TO BE OR NOT TO BE... :

This is no longer the question. You've got the “to do” list down, now is the time to recognize the ability to “Be” in all that you do, and be GRATEFUL for it!

LIVING YOUR LIFE WITH INTENTION:

Are you consciously creating your life or are you at the effect of it?

This class offers you tools to see yourself as the designer of your life. Holding your “intention”, your goals, clearly in the world can bring all of your dreams and desires to fruition.

THE POWER OF THOUGHT and MORE... :

This session of the seminar, will look at the powerful manifestation ability of both the positive and negative thought. We will combine the power of meditation and affirmation in support of positive, proactive Intention, Thought, Words, and Actions by removing the conflict.

EMBRACING CHANGE:

“Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us.” Nelson Mandela

Now is the time to recognize the fears around **change** of self, direction and the dreams that are going to be realized!

Prices, schedules and location on the back...

AIMEE M. ALLEY is a “Life Coach”, Motivational Speaker and Teacher.
She is also a practitioner and instructor of various healing techniques and Massage Therapy.



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Dates:

Wednesdays in April 1,8,15,22,29

Time and Location:

9:00am to 11:00am at My Office: 276 McArthur Drive

Cost:

\$200

Address:

Please make your check out to Aimee Alley and mail to:

Aimee Alley
276 McArthur Drive
Littleton, CO 80124

CALL OR EMAIL:

For any questions, please contact me at:

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or call (303)981-0033

Find more information on our website at <http://www.mysacredself.com>

SPACE IS LIMITED so Register Early

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